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**Fletcher W (1907)**. Rice and beri-beri: preliminary report on an experiment conducted in the Kuala Lumpur Insane Asylum. *Lancet* 1:1776-1779.

### Key passages

**RICE AND BERI-BERI:**  
PRELIMINARY REPORT ON AN EXPERIMENT CONDUCTED AT  
THE KUALA LUMPUR LUNATIC ASYLUM.  
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2. The lunatics are housed in two exactly similar buildings on opposite sides of a quadrangle surrounded by a high wall. On Dec. 5th all the lunatics at that time in the hospital were drawn up in the dining shed and numbered off from the left. The odd numbers were subsequently domiciled in the ward on the east side of the courtyard and no alteration was made in their diet, they were still supplied with the same uncured rice (Siamese) as in 1905. The even numbers were quartered in the ward on the west of the quadrangle and received the same rations as the occupants of the other ward, with the exception that they were supplied with cured (Indian) rice instead of the uncured Siamese variety.