

[Home](#)[Contents](#)jameslindlibrary.org

Records

[Title Page\(s\)](#) [Key Passage\(s\)](#) [JLL Article\(s\)](#) [Context](#)

[Download key passages/title pages as a PDF](#)

Corry Mann HC (1926). Diets for boys during the school age. Medical Research Council Special Report Series No. 105, London: HMSO.

Title pages

MEDICAL RESEARCH COUNCIL

DIETS FOR BOYS DURING THE SCHOOL AGE

By H. C. CORRY MANN, O.B.E., M.D.



LONDON

PUBLISHED BY HIS MAJESTY'S STATIONERY OFFICE

1926

(a) SELECTION OF BOYS IN BATCHES FOR VARIATION OF DIETS.

In October 1921 three houses in the village had become unoccupied owing to the departure of large emigration drafts. Permission was obtained to fill these houses with selected boys, allotting thirty boys to each house. Their ages varied from 7 to 11 years, and their weights ranged from 45 to 65 pounds. These limits were adopted in order to allow for at least one year's observation before the onset of puberty, when other developmental factors are introduced.

As time went on and the scope of the investigation was widened, the range of weight was narrowed to a limit of 45 to 55 pounds when first coming under observation so as to provide a testing period of two years. Care was taken to avoid racial heterogeneity by choosing only boys of English type for the experiment; no boys of colour or of foreign, Latin, Scandinavian, or Hebrew type were admitted.

All the boys were then examined to exclude the possibility of latent or active disease; notes were taken of rachitic stigmata, of scars suggesting septic or other infections in earlier years, of the condition of the mouth, of the skin, and of the general bony framework of the body. The selected boys were then rated, using a rating A 1 to B 3, employing an A 1 standard which has been found reliable with London school children during the past eighteen years (*vide* Appendix I).

It may be said at once that the disabilities observed were almost entirely due to a deficiency of weight and height for age and not to infective disease.

As far as possible an equal number of the same age and rating were assigned to each of the three houses.