

Sher N (1946). Delayed menstruation: causes and treatment. *BMJ* 1:347 – 349.

Key passages

**CAUSES OF DELAYED MENSTRUATION AND
ITS TREATMENT**
**AN INVESTIGATION IN THE WOMEN'S AUXILIARY
AIR FORCE**
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Nine cases suitable for treatment were chosen, and the Zondek-Aschheim test was performed in each instance to eliminate the possibility of early pregnancy. Realizing that the patients might menstruate as the result of the psychological effect of administering any drug, five of the cases were given the carbaminocholine while the other four had a placebo containing starch, lactose, and saccharin. Neither group knew whether they were receiving the placebo or the active drug.